

NOVEMBER CONFERENCE REGISTRATION FORM

OR REGISTER ONLINE AT LEARNINGANDTHEBRAIN.COM

Five ways to register: **Phone:** 857-444-1500 ext. 1
Fax: 857-357-7011
Web: LearningAndTheBrain.com

Email: registration@LearningAndTheBrain.com
Postal mail: ERI • 78 Brooks Road,
New Canaan, CT 06840-6250

PLEASE PHOTOCOPY THIS FORM FOR EACH APPLICANT.

Name	Position	
Organization		
Address		
City	State/Province	
ZIP/Postal Code	Country	Phone
Email		

DEMAND IS HIGH AND SPACE IS LIMITED. PLEASE REGISTER EARLY.

Register Me for the Conference: \$ _____

Fall Early Registration (THROUGH SEPT. 30, 2022)	\$599 per person (\$549 per person for groups of 5+)
General Registration (THROUGH NOV. 11, 2022)	\$649 per person (\$599 per person for groups of 5+)
Late Registration (AFTER NOV. 11, 2022)	\$679 per person (\$629 per person for groups of 5+)

Register Me for a Friday, November 18 Pre-Conference Workshop Add \$30 if not attending the Nov. conference \$ _____

Please check one of five:

<input type="radio"/> Flooded Brains, Emotions, and Mental Health	9:00 am – 12:00 pm	\$179 per person
<input type="radio"/> Learning in the Fast Lane	9:00 am – 12:00 pm	\$179 per person
<input type="radio"/> Teaching With Hope	9:00 am – 12:00 pm	\$179 per person
<input type="radio"/> Humanizing and Empowering Learning	9:00 am – 12:00 pm	\$179 per person
<input type="radio"/> Motivating Minds	9:00 am – 12:00 pm	\$179 per person

Sign Me Up for Professional Development Credits* (FREE)

Please send via email (FREE). * For more information on CEUs credits, visit LearningAndTheBrain.com.

Register Me for the Reception and/or Tours \$ _____

Register me for the November 18 **Meeting of the Minds Reception**. (FREE)

Register me for the MIT **"Brain Scan" Tour** (Please call 857-444-1500 ext.1 to check availability. Add \$149.)

Sign Me Up for Emails (FREE)

Email me the monthly L&B Newsletter (FREE)

Email me information about upcoming L&B events (FREE)

All prices are in U.S. dollars. **GRAND TOTAL: \$ _____**

- Please check here if you have any special ADA requirements, and call 857-444-1500 ext.1.
The Westin Copley Place and MIT campus are ADA compliant.

PAYMENT METHOD Check enclosed Purchase Order enclosed Credit Card (VISA, MC, or AMEX)

Credit Card Number: _____ Exp: _____

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Signature: _____ Date: _____

Make check or purchase order payable to **Educator Resources, Inc. (ERI)**, and mail it along with your registration form to:
ERI, 78 Brooks Road, New Canaan, CT 06840-6250.

P.O.s will be invoiced if sent without a check prior to conference. **Registrations without payment or purchase order will not be confirmed.**

REGISTRATION POLICIES Registrations are taken and confirmed on a first-come, first-served basis according to receipt of full payment or purchase order. **Unpaid registrations without a purchase order will be canceled after 30 days. If you do not receive a confirmation within three weeks after sending full payment or purchase order, call 857-444-1500 ext. 1.** Fall early conference registration is \$599 (\$549 per person for groups of 5 or more) through September 30, 2022. General conference registration is \$649 per person (\$599 per person for groups of 5 or more when registering together) through November 11, 2022. After November 11, 2022, late registration is \$679 per person (\$629 per person for groups of 5 or more when registering together).

SUBSTITUTIONS AND CANCELLATIONS Substitutions are permissible up to seven days before the conference, but you must notify ERI in writing by fax or mail. Cancellations must be requested no later than November 11, 2022. No cancellations can be accepted after November 11, 2022. Because cancellations incur substantial administrative costs, we regret that it is necessary to charge a cancellation fee of \$75 per person if you cancel by September 30, 2022, or \$150 per person if you cancel after September 30, 2022, but by November 11, 2022. Cancellations must be sent in writing to ERI at: 78 Brooks Road, New Canaan, CT 06840-6250 or faxed to ERI at 857-357-7011.

CONFERENCE PROGRAM CHANGES Educator Resources, Inc. (ERI) reserves the right, without having to refund any monies to participants, to make changes in the conference, its program, schedule, workshops, sessions, events, location, and/or faculty should ERI, in its sole discretion, deem any such changes necessary or advisable. Similarly, ERI further reserves the right to cancel any workshops, sessions, events, credit courses, or the conference entirely, in which case ERI's liability to participants shall be strictly limited to a refund of those fees. ERI, the Cooperating Organizations, and Sponsors are not responsible for (nor do they necessarily endorse) the efficacy, accuracy, or content of any recommendations, statements, research, or other information provided at the conference.

DISTRESSED, STRUGGLING STUDENTS AND EDUCATORS

Many students are struggling. Generation Alpha (born after 2010) and Generation Z (born 1996–2010) are facing challenges unlike previous generations, having grown up in an age of a pandemic and increased stress, mental illness, and digital distractions. A 2020 APA “Stress in America” survey found that today’s students are the most distressed (60% reporting high levels of stress and mental health issues); the most disengaged (52% have less motivation to do schoolwork); the most digitally distracted (45% have a hard time concentrating on schoolwork); and the most discouraged (47% feel they are not learning as much as before COVID) compared to past generations. Many educators are also struggling. A recent RAND report found 59% of teachers and 48% of principals are burned out and 30% of teachers and principals say they are likely to leave their profession. **This interdisciplinary conference will bring together neuroscientists, generation researchers, and medical experts to explore ways to reduce stress, burnout, and boredom and improve mental health, motivation, and focus for teachers, leaders, and a distressed generation.**

LEARNING OBJECTIVES

You will gain knowledge about:

- ✓ Improving mental health in a distressed generation
- ✓ Strategies for stress, anxiety, burnout, and mental health
- ✓ How Gen. Z and Alpha learn differently from past generations
- ✓ Teaching to student strengths and empowering them to succeed
- ✓ The science of struggling students and ways to improve learning
- ✓ Strategies to motivate and engage bored and disengaged students
- ✓ Ways to empower learning through play, agency, and active learning
- ✓ Stress and motivation in students struggling in reading and math
- ✓ Leading and teaching generations impacted by stress and COVID
- ✓ How digital devices affect teen focus, health, and dependency



*This *hybrid* conference will include both a live, in-person audience as well as a virtual option using Zoom. You can choose to travel and visit the sights of Boston or watch the sessions comfortably from your home, or your hotel room. All talks will be recorded and made available to stream for three months afterward. **For more information, visit LearningAndTheBrain.com or call 857-444-1500 ext. 1.**

CO-SPONSORS

Integrated Learning Initiative, **Massachusetts Institute of Technology**

School Development Program, **Yale University**

Laboratory for Learning Engineering and Neural Systems,
University of Connecticut/ UCSF

Greater Good Science Center, **University of California, Berkeley**

The Neuro-Education Initiative, **Johns Hopkins University School of Education**

National Association of Elementary School Principals (**NAESP**)

The Dana Foundation

LEARNING & the BRAIN® Foundation

WHO SHOULD ATTEND

Educators, Parents

Curriculum, Staff Developers

Speech-Language Pathologists

PreK-12 Teachers, Administrators

Psychologists, School Psychologists

Learning Specialists, Special Educators

Early Childhood Educators, Professionals

Superintendents, Principals, School Heads

Teen Counselors, Teachers, Psychologists

Social Workers, Mental Health Counselors

College, University Professors

EARN PROFESSIONAL DEVELOPMENT CREDIT

Professional Development Credit: Earn up to 17.5 hours toward professional development credit for educators, psychologists, speech-language professionals, and social workers for either in-person or online instruction. Visit our website at LearningAndTheBrain.com for more information on the availability of CEUs, PDPs, CEs, and other professional development credit, or call **857-444-1500 ext. 1**.

Speech-Language Pathologist Credit: Visit LearningAndTheBrain.com for more information on courses registered to offer ASHA CEUs.



STAY AT THE WESTIN COPLEY PLACE, BOSTON – SPECIAL RATES



Pay only \$259 per night (plus applicable taxes). Call the Westin Copley Place Hotel (the site of the conference) at **800-937-8461**, and reference “**LEARNING & the BRAIN™**” or book online via LearningAndTheBrain.com. The discounted conference rate will no longer apply when the room block is filled or after October 25, 2022. The hotel is centrally located on Copley Square in Boston’s Back Bay neighborhood and adjacent to the Copley Mall and the Prudential Center, with easy access to the historic sites of Boston. The Westin is one block from Amtrak’s Back Bay station and is only a short cab ride from Logan International Airport.



HYBRID LEARNING & the BRAIN® CONFERENCE

63RD International Conference for PreK through University Educators, Clinicians, and Parents
November 18-20, 2022 • At the Westin Copley Place Hotel in Boston, MA • Or Virtually from Home

Presented by:
Educator Resources, Inc.
78 Brooks Road
New Canaan, CT 06840



FEATURED SPEAKER:

Jean M. Twenge, PhD

Professor of Psychology, College of
Science, [San Diego State University](#);
Author, *Generations* (Forthcoming,
2023) and *iGen* (2017)

TEACHING STRUGGLING BRAINS: IMPROVING MENTAL HEALTH, FOCUS, MOTIVATION, AND LEARNING IN A DISTRESSED, DIGITAL GENERATION

Explore the latest research on:

Teens, Devices, and Mental Health	New Approaches to Anxiety
Distressed Students and Educators	Leading a Generation in Crisis
Improving Mental Health in School	Teacher Burnout and Mental Health
Motivating Gen. Z and Alpha to Learn	Stress, Motivation, Reading, and Math
Staying Focused Despite Distraction	Teaching Bored, Disengaged Children
Using Agency and Active Learning	Dealing With Digital Dependency
Well-Being and Engaged Children	How COVID Changed Kid's Lives
Supporting Struggling Learners	Teaching Vulnerable Students

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EARN PROFESSIONAL DEVELOPMENT CREDIT AT THIS HYBRID CONFERENCE

UPCOMING L&B CONFERENCES

Winter - San Francisco, CA: Feb. 17-19, 2023

Spring - New York, NY: April 21-23, 2023

For information on scholarships, upcoming conferences, available PD credit, and in-service training, see inside or visit [LearningAndTheBrain.com](#).

“There is evidence that feelings of stress are currently rising in adolescents and young adults. If we are too stressed, there is a lot of research that shows all of us become poorer learners.”

—John D.E. Gabrieli, PhD
Massachusetts Institute of Technology



TEACHING STRUGGLING BRAINS: IMPROVING MENTAL HEALTH, FOCUS, MOTIVATION, AND LEARNING IN A DISTRESSED, DIGITAL GENERATION

AT THE WESTIN COPLEY PLACE HOTEL IN BOSTON, MA
OR VIRTUALLY FROM YOUR HOME

NOVEMBER 18-20, 2022

Pre-Conference Workshops: November 18, 2022

Early Registration Deadline: September 30



FALL HYBRID LEARNING & the BRAIN® CONFERENCE

CONFERENCE PROGRAM TOPICS

WITH A DISTINGUISHED FACULTY

1) DISTRESSED GENERATION: SUPPORTING STUDENT MENTAL HEALTH



Keynote: From Stressed to Resilient: Helping Distressed Children Through a Pandemic
Deborah Gilboa, MD, (aka "Dr. G"), Family Physician; Founder of AskDoctorG.com; Winner of the Alpha Omega Alpha Volunteer Clinical Faculty Award as Clinical Associate Professor for the [University of Pittsburgh School of Medicine](#); Author, *From Stressed to Resilient: The Guide to Handle More and Feel It Less* (2022) and *Teaching Resilience* (2012)



Keynote: A Generation in Crisis: Behavioral and Educational Best Practices for Students With Mental Health Challenges
Jessica Minahan, MEd, BCBA, Licensed and Board-Certified Behavior Analyst; Author, "Helping Anxious Kids Move Forward" (2017, *Educational Leadership*), *The Behavior Code Companion* (2014), and "Building Positive Relationships With Students Struggling With Mental Health" (2019, *Phi Delta Kappan*); Co-Author, *The Behavior Code* (2012)

The Biology of Stress and Mental Health: Strategies to Help Struggling Children

Khadajah Booth Watkins, MD, MPH, Associate Director, Child and Adolescent Psychiatry Residency Training, Massachusetts General Hospital/McLean Hospital, [Harvard Medical School](#); Think Tank Member, Resilience Prevention and Well-Being, MGH; Associate Director, The Clay Center for Young Healthy Minds; Executive Board Member, The Floating Hospital; Advisory Board Member, Jed Foundation

Stress and Learning: The Good, the Bad, and the Surprising

Jared Cooney Horvath, PhD, MEd, Former Lecturer and Science of Learning Research Scientist, [University of Melbourne](#); Former Lecturer, [Harvard University](#); Director, The Science of Learning Group; Author, *Stop Talking, Start Influencing: 12 Insights From Brain Science to Make Your Message Stick* (2019); Co-Author, *From Laboratory to Classroom: Translating Science of Learning for Teachers* (2016)

Future Tense: Rethinking Our Approach to Youth Anxiety During a Pandemic and Beyond

Tracy A. Dennis-Tiway, PhD, Director, Emotion Regulation Lab; Professor of Psychology and Neuroscience, [Hunter College of the City University of New York](#); Author, *Future Tense: Why Anxiety Is Good for You (Even Though It Feels Bad)* (2022); Co-Author, "Longitudinal Change in Adolescent Depression and Anxiety Symptoms From Before and During the COVID-19 Pandemic" (2022, *Research of Adolescence*)

2) DISTRACTED GENERATION: FOSTERING FOCUS & DIGITAL WELL-BEING



Keynote: The Distressed Generation: How the Pandemic and Social Media Use Is Creating a Mental Health Crisis

Jean M. Twenge, PhD, Professor of Psychology, College of Science, [San Diego State University](#); Author, *Generations* (Forthcoming, 2023), *iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy—and Completely Unprepared for Adulthood—and What That Means for the Rest of Us* (2017), and *Generation Me* (2006)



Keynote: Disconnected: Protecting Brains From Harmful Effects of Device Dependency

Thomas J. Kersting, MA, LPC, Owner, Valley Family Counseling Center; Author, *Raising Healthy Teenagers: Equipping Your Child to Navigate the Pitfalls and Dangers of Teen Life* (Forthcoming, 2024), *Disconnected: How to Protect Your Child From the Dangers of Device Dependency* (2020), and *Disconnected: How to Reconnect Our Digitally Distracted Kids* (2016)

Behind Their Screens: Supporting Our Students in a World of Digital Dilemmas

Emily C. Weinstein, EdD, Lecturer, [Harvard Graduate School of Education](#); Research Director, Project Zero; and **Carrie James, PhD**, Research Associate, Project Zero; Co-Directors, "Digital Dilemmas" and "Reimagining Digital Wellness" Projects, [Harvard Graduate School of Education](#); Co-Authors, *Behind Their Screens: What Teens Are Facing (and Adults Are Missing)* (2022)

DISTRACTED: Why Teens (and Teachers) Can't Focus and How to Help Them

James M. Lang, PhD, Adjunct Professor; Director, D'Amour Center for Teaching Excellence, [Assumption College](#); Author, *Distracted: Why Students Can't Focus and What You Can Do About It* (2020) and *Small Teaching: Everyday Lessons From the Science of Learning* (2016)

The Science of Distraction and Memory: Fulfilling the Promise of Teaching With Technology

Michelle D. Miller, PhD, Professor of Psychological Sciences, [Northern Arizona University](#); Author, *Remembering and Forgetting in the Age of Technology: Teaching, Learning, and the Science of Memory in a Wired World* (2022) and *Minds Online* (2012)

MIT "BRAIN SCAN" TOUR: SEE THE BRAIN IN ACTION

THURS., NOV. 17 – 2:00 PM, 3:00 PM, or 4:00 PM; FRI., NOV. 18 – 9:00 AM, 10:00 AM, or 11:00 AM
(Cost per person: \$149. Tours are for one hour.)

Sponsored by the [Athinoula A. Martinos Imaging Center](#), [Massachusetts Institute of Technology](#)

Take this special opportunity, for LEARNING & the BRAIN® participants only, to tour the Athinoula A. Martinos Imaging Center at the McGovern Institute for Brain Research at the [Massachusetts Institute of Technology](#), where you will see an fMRI brain scan in action. One volunteer from each tour group will be selected for the live scan of his/her own working brain, to be viewed by the group. Brain scans will take place **offsite** at the MIT campus in Cambridge, MA. The MIT imaging center building is easily accessible from the Westin Copley Place Hotel via public transit. Directions will be provided. Call 857-444-1500 ext. 1 for availability. **(Space is limited. For conference registrants only.)**



CONFERENCE BEGINS AT 1:00 PM, NOVEMBER 18

All times are Eastern Standard Time.

SCHEDULE:

Friday, November 18	9:00 AM – 12:00 PM	Pre-Conference Workshops
Friday, November 18	1:00 PM – 5:30 PM	Conference Day 1
Saturday, November 19	9:00 AM – 6:00 PM	Conference Day 2
Sunday, November 20	9:00 AM – 3:30 PM	Conference Day 3



3) DISENGAGED BRAINS: MOTIVATING GENERATION Z & ALPHA TO LEARN



Keynote: The Disengaged Generation: Improving Student Engagement and Well-Being in Schools

Andy P. Hargreaves, PhD, Thomas More Brennan Chair; Research Professor, Lynch School of Education, [Boston College](#); Director of Change, Engagement, and Innovation in Education, [University of Ottawa](#); Co-Author, *Well-Being in Schools* (2021), *Five Paths to Student Engagement* (2021), and *The Global Fourth Way* (2012)

Motivating a Love of Learning: The Science of Questions, Curiosity, and Exploratory Play

Elizabeth B. Bonawitz, PhD, Cognitive Scientist; David J. Vitale Associate Professor of Learning Sciences, [Harvard Graduate School of Education](#); Co-Author, “Early Environments and Exploration in the Preschool Years” (2022, *PsyArXiv*) and “Wow, I Did It: Unexpected Success Increases Preschooler Exploratory Play on Later Tasks” (2020, *Cognitive Development*)

Improving Student Engagement and Behavior During Difficult Times

Jessica Minahan, MEd, BCBA, Licensed and Board-Certified Behavior Analyst; Author, *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students With Anxiety-Related or Oppositional Behaviors* (2014); Co-Author, *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* (2012)

Engaging Generation Z and Alpha as Creators and Storytellers of Their Own Learning

Allison G. Zmuda, MA, Founder/Curator, Learning Personalized; President, The Competent Classroom; Co-Author, *Curriculum Narratives* (Forthcoming, 2023), “Meet Generation Alpha: Teaching the Newest Generation of Students” (2017, *Solution Tree*), *How to Leverage Personalized Learning in the Classroom* (2019), and *The Quest for Learning* (2017)

Motivated Teaching: Harnessing the Science of Motivation to Boost Attention and Effort

Peps McCrea, PhD, Dean of Learning Design, Ambition Institute; Former Senior Lecturer in Education, [University of Brighton](#); Author, *Motivated Teaching: Harnessing the Science of Motivation to Boost Attention and Effort in the Classroom* (2020), *Memorable Teaching: Leveraging Memory to Build Deep and Durable Learning in the Classroom* (2019), and *Lean Lesson Planning* (2016)

Strategies to Motivate Children to Learn in Challenging Times

Kathryn R. Wentzel, PhD, Professor Emerita, Department of Human Development, [University of Maryland](#); Member, AERA Committee on Safe Schools; Author, *Motivating Students to Learn* (2020, 5th Edition); Co-Author, *Handbook of Motivation at School* (2016, 2nd Edition) and *Social Influences on Social-Emotional, Motivation, and Cognitive Outcomes in School Contexts* (2016)

Generation Alpha: Changing the Game to Teach and Raise Young Children

Valora Washington, PhD, CEO, The CAYL Institute; Former Vice President at [Antioch College](#) and Faculty Member, [University of North Carolina at Chapel Hill](#); Author, *Changing the Game for Generation Alpha: Teaching and Raising Young Children in the 21st Century* (2021); Co-Author, *Ready or Not: Early Care and Education's Leadership Choices—12 Years Later* (2019)

4) DISTRESSED EDUCATORS: RESTORING RESILIENCE TO TEACH & LEAD



Keynote: Just One Educator Can Completely Alter the Trajectory of a Child

Baruti K. Kafele, MA, Principal; Master Teacher and Transformational School Leader; New Jersey State Teacher of the Year; Author, “The Mental Balancing Act for School Leaders” (2021, *Educational Leadership*), *The Assistant Principal 50* (2020), *The Aspiring Principal 50* (2019), and *Is My School a Better School Because I Lead It?* (2018)



Keynote: Strategies for Leading a Pandemic Population of Students

Andrew McPeak, MA, Vice President of Content, Growing Leaders; Co-Host, “Leading the Next Generation” Podcast; Co-Author, *Generation Z Unfiltered: Facing Nine Hidden Challenges of the Most Anxious Population* (2019); Contributor, *The Pandemic Population: Eight Strategies to Help Generation Z Rediscover Hope After Coronavirus* (2020)

Stressed to Resilient: What Educators Need to Live Their Mission and Protect Mental Health

Deborah Gilboa, MD, Family Physician; Founder of AskDoctorG.com; Winner of the Alpha Omega Alpha Volunteer Clinical Faculty Award as Clinical Associate Professor for the [University of Pittsburgh School of Medicine](#); Author, *From Stressed to Resilient: The Guide to Handle More and Feel It Less* (2022) and *Teaching Resilience: Raising Kids Who Can Launch!* (2012)

5) DISCOURAGED BRAINS: STRATEGIES TO HELP STRUGGLING LEARNERS



Keynote: **The Stolen Years: How COVID Changed Children's Lives and Learning**

Anya Kamenetz, BA, Education Correspondent, *National Public Radio*; Staff Writer, *Fast Company*; Author, *The Stolen Years: How COVID Changed Children's Lives, and Where to Go Now* (2022), *The Art of Screen Time: How Your Family Can Balance Digital Media and Real Life* (2018), *DIY U* (2010), and *Generation Debt* (2006)

The Science of Struggling Brains: The Effects of Stress, SES, Motivation, and Competence on Children in Reading and Math

Joanna A. Christodoulou, EdD, Assistant Professor, Department of Communication Sciences and Disorders, Institute of Health Professions, Massachusetts General Hospital, [Harvard Medical School](#); Adjunct Lecturer, [Harvard Graduate School of Education](#); Research Affiliate, [Massachusetts Institute of Technology](#); Director, Brain, Education, and Mind (BEAM) Lab; Co-Author, "Anxiety, Motivation, and Competence in Mathematics and Reading for Children With and Without Learning Difficulties" (2021, *Frontiers in Psychology*)

The Disintegrating Student: Struggling but Smart and How Educators Can Turn Them Around

Jeannie M. Jannot, PhD, School Psychologist; Adjunct Instructor, [Georgia State University](#); Student and Parent Coach, Peachtree Psychology, LLC; Founder and CEO, The Balanced U; Founder and CEO, The Balanced Student, LLC; Author, *The Disintegrating Student: Struggling but Smart, Falling Apart, and How to Turn It Around* (2021)

Teacher-Led Instruction and Student-Centered Learning: Why Can't We Have Both

Jim Heal, EdLD, Director of Special Initiatives, Deans for Impact; Harvard Resident and Senior Consultant, [Harvard University](#); Educational Consultant, Research Schools International; Former Teacher, Upper School Principal, and Specialist Leader in Education; Co-Author, *How Teaching Happens: Seminal Works in Teaching and Teacher Effectiveness and What They Mean in Practice* (2022)

Teaching Vulnerable Learners: Strategies for Students Who Are Bored, Distracted, Discouraged, and Likely to Drop Out

Suzy Pepper Rollins, MA, Education Consultant, Fast Lane Learning, LLC; Founder, Math in the Fast Lane; Former Remedial Education Coordinator; Expert in remedial education and learning acceleration; Author, *Teaching Vulnerable Learners: Strategies for Students Who Are Bored, Distracted, Discouraged, or Likely to Drop Out* (2020), *Teaching in the Fast Lane* (2017), and *Learning in the Fast Lane* (2014)

Teaching to Strength/Teaching to Empower: Taking Action to Foster Student Agency, Self-Confidence, and Collaboration

Debbie Zacarian, EdD, Founder, Zacarian & Associates; Former Faculty, [University of Massachusetts-Amherst](#); Consultant, Federation for Children With Special Needs; Co-Author, *Beyond Crisis* (2021), *Teaching to Empower: Taking Action to Foster Student Agency, Self-Confidence, and Collaboration* (2019), and *Teaching to Strengths: Supporting Students Living With Trauma, Violence, and Chronic Stress* (2017)

For a complete list of speakers, go to [LearningAndTheBrain.com](#). Follow us on Twitter, Facebook, and Instagram.

REGISTER NOW FOR 2023 LEARNING & the BRAIN® CONFERENCES

TEACHING BEHAVED BRAINS: STRATEGIES FOR CHALLENGING, DISRUPTIVE BEHAVIORS, AUTISM, ADHD, AND EXECUTIVE FUNCTION

FEBRUARY 17-19, 2023, IN SAN FRANCISCO, CA

Held at the historic Fairmont San Francisco Hotel



FEATURED SPEAKER: **ROBERT M. SAPOLSKY, PHD**

MacArthur "Genius" Fellow; John A. and Cynthia Fry Gunn Professor of Biological Sciences, Neurology, and Neurological Sciences, [Stanford University](#); Author, *Behave: The Biology of Humans at Our Best and Worst* (2017)



FEATURED SPEAKER: **MONA M. DELAHOKE, PHD**

Clinical and Consulting Pediatric Psychologist; Senior Faculty Member, Profectum Foundation; Author, *Brain-Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids* (2022) and *Beyond Behaviors* (2019)

TEACHING SOCIAL BRAINS: STRATEGIES TO IMPROVE SOCIAL COGNITION, COOPERATION, AND BELONGING IN THE CLASSROOM

APRIL 21-23, 2023, IN NEW YORK, NY

Held at the Sheraton New York Times Square Hotel



FEATURED SPEAKER: **NICHOLAS A. CHRISTAKIS, MD, PHD, MPH**

Co-Director, Yale Institute for Network Science; Sterling Professor of Social and Neural Science, [Yale University](#); Author, *Apollo's Arrow* (2020) and *Blueprint: The Evolutionary Origins of a Good Society* (2019); Co-Author, *Connected* (2009)



FEATURED SPEAKER: **SARAH-JAYNE BLAKEMORE, PHD, FMEDSCI, FBA**

Professor of Psychology and Cognitive Neuroscience, [University of Cambridge](#); Author, *Inventing Ourselves: The Secret Life of the Teenage Brain* (2018); Co-Author, "Navigating the Social Environment in Adolescence" (2021, *Biological Psychiatry*)

See [LearningAndTheBrain.com](#) for more information.

PRE-CONFERENCE WORKSHOPS (More In-Depth and Hands-on)

FRIDAY, NOVEMBER 18 9:00 AM – 12:00 PM

Cost per person: \$179. By advance registration only. (Select one of five. Cost is \$209 if not also attending the conference.)

1. Flooded Brains, Emotions, and Mental Health:

Using Brain Science and Mindfulness to Help Children With Emotion Regulation

Anxiety is the #1 mental health disorder in the country. This two-part workshop will provide educators with brain research on anxiety and emotional regulation and tools to help children manage their emotions. John Gabrieli will discuss the studies on rising mental health problems and evidence from research findings that school-based training in mindfulness can decrease feelings of stress and negative affect (feelings) and increase emotion regulation. Allison Edwards will show you how to set up spaces to reset the brain, deescalate high-conflict situations, and redirect students with emotions in mind. Also, learn how to manage your own emotions when triggered.

John D.E. Gabrieli, PhD, Director, MIT Integrated Learning Initiative; Professor of Brain and Cognitive Sciences, [Massachusetts Institute of Technology](#); and **Allison J. Edwards, LLC**, National Certified Counselor; Owner, All The Feels Company; Author, *Flooded: A Brain-Based Guide to Help Children Regulate Emotions* (2021), *15-Minute Counseling Techniques That Work* (2020), and *Why Smart Kids Worry* (2013)

2. Learning in the Fast Lane: Creating Active, Accelerated Learning for Student Success

Designed for all grades and content, this workshop will recharge your toolkit to get students intellectually engaged! Suzy Rollins will provide you with strategies that truly motivate learners to reach higher; address gaps in the context of new learning; and provide a better understanding of the important role of prior knowledge. Discover how acceleration can spark student success. **Suzy Pepper Rollins, MA**, Education Consultant, Fast Lane Learning, LLC; Author, *Teaching Vulnerable Learners* (2020), *Teaching in the Fast Lane: How to Create Active Learning Experiences* (2017), and *Learning in the Fast Lane: 8 Ways to Put ALL Students on the Road to Academic Success* (2014)

3. Teaching With Hope:

How to Navigate Burnout With Evidence-Based Strategies for Resilience and Well-Being

Teachers everywhere are experiencing burnout and demoralization. Yet when they practice a range of emotional regulation strategies, they report improvements in personal well-being and their ability to provide emotional support in their classrooms. Using research-based psychological principles, this workshop will explore simple ways to address teachers' social and emotional well-being, including strategies for understanding and navigating our emotions, ways to savor the good in our lives, and how to clarify our sense of purpose at work while drawing on our strengths. **Amy L. Eva, PhD**, Associate Education Director, Greater Good Science Center, [University of California, Berkeley](#); Author, *Surviving Teacher Burnout: A Weekly Guide to Build Resilience, Deal With Emotional Exhaustion, and Stay Inspired in the Classroom* (2022)

4. Humanizing and Empowering Learning: Curriculum as Story, Voice, and Self-Discovery

How do we develop a curriculum designed to give students a sense of well-being and academic mindsets that empowers their learning? This workshop will consider personalized learning in a culture that pays attention to four attributes: voice, co-creation, social construction, and self-discovery. You will be invited to imagine a curriculum that is written specifically to students and their families through an exciting and compelling narrative told over a year of learning. **Allison G. Zmuda, MA**, Founder/Curator, Learning Personalized; President, Co-Author, *Curriculum Narratives* (Forthcoming, 2023) and *How to Leverage Personalized Learning in the Classroom* (2019); and **Bena Kallick, PhD**, Co-Founder and Co-Director, Institute for Habits of Mind; Program Advisor, Eduplanet21; Author, *Nurturing Habits of Mind in Early Education* (2019) and *Strategies for Self-Directed Learning* (2004); Co-Authors, *Students at the Center: Personalized Learning With Habits of Mind* (2017)

5. Motivating Minds: Creating Engaging and Playful Experiences to Boost Learning

In this two part workshop, you will explore how to make fun, playful, and engaging experiences for students to encourage motivation and deep learning. Lindsay Portnoy will explore the ways in which classroom play and games (including digital) help students acquire and maintain critical skills and invite creativity and excitement into the classroom. John Almarode will show you how to use brain science to bring active engagement to your classroom. **Lindsay Portnoy, PhD**, Associate Teaching Professor in the Curriculum, Teaching, Learning, and Leadership, [Northeastern University](#); Author, *Game On? Brain On! The Surprising Relationship Between Play and Gray (Matter)* (2020); and **John T. Almarode, PhD**, Associate Professor of Education, [James Madison University](#); Co-Author, *How Learning Works* (2021) and *Captivate, Activate, and Invigorate the Student Brain in Science and Math, Grades 6–12* (2013)

EVENTS

MEETING OF THE MINDS – WINE & CHEESE RECEPTION

FRIDAY, NOVEMBER 18 from 5:30 PM - 6:30 PM — Free & Open to All Attendees

Enjoy this opportunity to meet other attendees and some of the nation's brightest minds at this wine and cheese reception.

Advance registration required on the registration form.

PRESENT A POSTER SESSION AT THE NOVEMBER CONFERENCE

Share and present your scientific research, successful programs, or interventions you have implemented in your school or district to improve student or teacher mental health, focus, motivation, or to help struggling learners. Submit a summary of your poster session for review to info@LearningAndTheBrain.com. **Proposal deadline is October 28, 2022. For more information, visit [LearningAndTheBrain.com](#), or call 857-444-1500 ext. 1.**

SCHOLARSHIPS FOR EDUCATORS IN UNDERSERVED COMMUNITIES

We are pleased to announce that the Bezos Family Foundation is providing a limited number of scholarships to both attend the conference and cover travel and hotel in Boston. **Please check our website at [LearningAndTheBrain.com](#) for details.**